

## **REDUCE THE RISK OF ABUSE**

### **Abuse Risk Reduction Workshop for Parents of Children with Developmental/Intellectual Disabilities.**

*FREE TRAINING OPPORTUNITY*

*Presented By Nora J. Baladerian, Ph.D.*

*Hosted by Redwood Coast Regional Center's Community Placement Plan*

**Wednesday, October 29, 2014 9:00 AM - 3:00 PM**

**The Red Lion Hotel 1929 4th Street Eureka, CA**

**Morning Refreshments and Lunch are Provided— FREE**

### **Learn How to Reduce the Risk of Abuse and Develop a Plan**

Parents can reduce the risk of abuse by understanding:

- Abuse
- Perpetrators
- Signs of abuse
- Social inhibitors
- Laws about reporting abuse
- How to (and how not to) respond to discovery or disclosure of abuse.

Registration is Required — Space is Limited.

**Registration Deadline is Wednesday, October 15, 2014.**

**Please contact Marie Crawford at (707) 445-0893 Ext. 304**

## **10 Point Guide for Responding to Suspected Abuse of People with Developmental Disabilities**

**(for Parents or Family Members whose Loved One Receives  
Residential, Transportation, Day Program or other Services)**

- 1. Know and believe that abuse can happen to your loved one.**
- 2. Become familiar with the signs of abuse. Any signs of injury, changes in behavior, mood, communication, sleep, or eating patterns are included.**
- 3. When you suspect something is wrong, honor your feeling and take action immediately. See #4.**
- 4. When you suspect abuse, call a Child or Adult Protective Services agency and the police.**
- 5. Do not discuss your suspicions with anyone at the program where you believe abuse is occurring, as they may deny any problem, punish your loved one, and attempt to destroy any evidence that may exist.**
- 6. Remove your loved one from the program immediately.**
- 7. If there are injuries or physical conditions, take your loved one to a physician, not only to diagnose and treat the condition, but create documentation of your visit and the findings. Take your loved one to a mental health practitioner who can document the changes in his or her behavior and mood and who can document what your loved one's memories are of the abuse.**
- 8. Create a document in which you write all of your activities. Begin with when you first suspected abuse or neglect. What were the signs or signals you noticed? Write the dates of these, and if there were injuries, detail what they were, their appearance, and where on the body you saw them. If staff gave an explanation, record this in your file. Write down when you called the police or protective services agency, the name of the representative, time and date of the call, and what was said. If a staff member discussed this with you, write down what they said and their name and the date and time of the discussion.**
- 9. Notify the Regional Center representative of your findings, suspicions, and actions, or your disability program in your state (Humboldt 707-445-0893; Del Norte 707-464-7488).**
- 10. Get a police report. Contact the Victims of Crime program in your area and seek their support for reimbursement of costs and therapy for the family.**